

## **Reflective Expression/ Final Exam – Painting 2**

### **Concept:**

#### Exploration of self

The student will explore his/her inner promptings of thought and self-expression by quietly meditating on an internal state of being. These thoughts and feelings will be translated into words and images.

### **Procedure:**

#### **May 2 - Week 1**

1. Take a silent, contemplative walk for 10 minutes. Allow your thoughts to roam.
2. Do what is natural to you – observe things, look at nature, go deep within your thoughts.
3. Without talking to anyone, go inside and begin writing in your art journal for 10 minutes, beginning with “While I was outside....”
4. Write down what you were thinking and feeling. Phrase your thoughts simply. Fill 1 -2 pages
5. Read what you wrote. Do a drawing in your journal from the content. (4 pages)

#### **May 9 - Week 2**

Expand upon your idea. Take another walk and continue to add to your original idea. Complete the concept with a final design and underpainting .

#### **May 16 -Week 3**

Bring to class – Painting in progress at least ½ completed.

## **EXAM DAY - Completed “Walk”**

### **Rubric – 100pts**

- \_\_\_\_\_ **Concept**
- \_\_\_\_\_ **Paint Quality/Complexity**
- \_\_\_\_\_ **Composition**
- \_\_\_\_\_ **Craftsmanship**